

# ANIMAL POWERS

## *Meditation Kit*

**SPIRITUAL GUIDANCE FROM YOUR TOTEM TEACHERS**

*Illustrated Guidebook • 12 Contemplation Cards • Guided Meditation CD • Animal Power Amulet*



## **MONTE FARBER & AMY ZERNER**

*Authors of Chakra Meditation Kit, The Enchanted Spellboard, and Goddess, Guide Me!*

*“Amy’s art and Monte’s words are filled with enchantment, empowerment and inspiring guidance.”*

*—MARIANNE WILLIAMSON, author of A Return to Love and Everyday Grace*